

**“Not To Worry”
Matthew 6:25-34
Sunday July 30, 2023**

Jesus says, ...Matthew 6:25 - “That is why I tell you not to worry about everyday life,”

Greek word **Worry** – Jesus’ use means “to be drawn in two different directions, to be pulled apart” English word **Worry** - comes from an old German word meaning to “strangle, or choke.”

Jesus says, “Don’t worry” three times.

- 1. Matthew 6:25 “That is why I tell you not to worry about everyday life,**
- 2. Matthew 6:31 “So don’t worry about these things,**
- 3. Matthew 6:34 “So don’t worry about tomorrow,**

Thought Of Our Passage: “Worry Is Short-Sighted, Senseless, Useless, Faithless, For Unbelievers And Not For The Children Of God.”

7 Principles To Experience Victory Over Worry:

1. Verse 25 - Worry Reveals Short-Sightedness:

Matthew 6:25 “That is why I tell you or therefore, - what reason, what is the **therefore, there for? Matthew 6:19-24** Continues with the idea of what our ambition is?

- 1. Earthly treasure or heavenly treasure?**
- 2. Earthly eyesight or heavenly eyesight?**
- 3. The god of riches or The Lord Jesus Christ?**

not to worry about everyday life— (KJV) “take no thought for your life.” That is an unfortunate translation. **2 Thessalonians 3:10; 1 Timothy 5:8**

not to worry about everyday life— *Jesus is saying don’t be consumed by the daily things of life. A self-centered worry, Concern for self. (Materialistic Context)*

whether you have enough food and drink, or enough clothes to wear.

People are consumed over what they are to eat, drink, and wear!

Isn’t life more than food, and your body more than clothing? The answer to this question is a Yes! (Life is more than food and clothes!)

Romans 8:32 how will He not also with Him freely give us all things?

Jesus taught us to pray – **Matthew 6:11 Give us this day our daily bread.**

Luke 10:38-42 Martha got distracted with all her preparations.

Short-sighted: more to life, our focus should not be the temporal but eternal! they do not make proper or careful judgments about the future.

2. Verse 26 - Worry Is Senseless:

Matthew 6:26 Look at the birds. Jesus is literally saying "*be a bird watcher, watch the birds!*" Let the birds be your teacher.

- 1. They don't plant** Bird on a Tractor -
- 2. or harvest** Bird on a combine harvester -
- 3. or store food in barns,**

Birds are not lazy. Have you watched birds: scratching the ground, hopping up and down the trees, building nests?

for your heavenly Father feeds them. (God Provides Food) The Father feeds them because He is their creator.

And aren't you far more valuable to Him than they are? How much more will God take care of our needs; He is our Father! (Lesser to the Greater.)

At the close of his life Peter wrote: **1 Peter 5:7**

Worry is Senseless - God will take care of you! Exclusively Our Heavenly Father will care for you! - Are you His?

3. Verse 27 - Worry Is Useless:

Matthew 6:27 Can all your worries add a single moment to your life? (KJV) Matthew 6:27 Which of you by taking thought can add one cubit unto his stature?

Term **Cubit** is a linear measurement. It is 18-22 inches. It is from the index finger to the elbow. Cubit is also a symbol for measurement, example - a span of time.

Jesus is saying you can't add height or length to your lives. We sure seem to cut our lives shorter with worry.

Useless it will not make you live longer - It does not create a better quality of life.

4. Verses 28-30 - Worry Is Faithless:

Matthew 6:28 "And why worry about your clothing?" During Jesus' time clothes were a big thing. Most people had only one or two sets of clothing.

Look at the lilies of the field – Wildflowers, ordinary field flowers, and poppies that came up in March and April. (Super-Blooms)

how they grow. They don't work or make their clothing, not as men and women work and toil.

Matthew 6:29 This was a proverbial saying, "**Solomon in all his glory.**" Who was like Solomon, in resources, craftsmanship.

Matthew 6:30 if God cares so wonderfully for wildflowers Look at the desert

that are here today and thrown into the fire tomorrow, Jesus' day people would take the flowers after they were dry and place them into brick ovens.

He will certainly care for you. Why do you have so little faith?

Do you look to Jesus as the one who saves you from hell but is dead to your daily needs and concerns. If so, you are worrying.

(Worrying Is Faithless) Little faith – Daily, He wants to help us.

5. Verses 31-32 - Worry Is For Unbelievers:

Matthew 6:31 Argument from the Lesser to the Greater.

Matthew 6:32 These things dominate the thoughts of unbelievers, What things? Food, drink, clothing, the secondary things of this world.

unbelievers, KJV Gentiles (*non-Jews*) - were considered pagans, heathens, by the Jews. They believed in lesser gods or no gods at all.

Gods of the Greeks (*Greek Mythology*) and Romans were **Insufficient, Lied, Cheated, Got angry, Murdered, Less than human.**

Gentiles had anxiety because their gods could not be trusted. **eagerly seek.**

When we worry, we are insulting our God and Savior.

6. Verses 32-33 - Worry Denies Sonship:

Matthew 6:32 These things dominate the thoughts of unbelievers
What things? '**What shall we eat?**' or '**What shall we drink?**' or '**With
what shall we clothe ourselves?**'
for your heavenly Father knows that you need all these things

Matthew 6:33 Seek – Greek "*a hunter that is hiding in the blind to hunt a
bird, knowing he may have only one shot*"

As a child of God, I should seek **after two things,**

1. His Kingdom - Jesus ruling in our lives, wanting Him to rule in others'

2. live righteously, - His inward righteousness, apart from my works

and He will give you everything you need. This answers the question
Why? Whatever need we have, God will meet that need. **The essentials
of life will be given to us!**

**Is God your heavenly Father or not? We are His children; can we
not trust our Heavenly Father?**

7. Verse 34 - Worry Is Impractical:

Matthew 6:34 God Gives Strength to deal with the problems of each
day: "**So don't worry about tomorrow, for tomorrow will bring its
own worries.**

**Jesus divides life into bite-size chunks, called days. Trying to chew
more than day at a time causes one to choke!**
Are you choking? God will give us the strength for each day!

We will never be trouble free: Today's trouble is enough for today.

Worry is Impractical, brings unnecessary hardships.

Application:

1. Believers Must Reject An Animalistic Or Hedonistic View Of Life. We Are More Than A Physical Body: Refuse To Worry And Be Consumed About The Cares Of This World.
2. God Commands His Followers To Seek First His Kingdom And His Righteousness And He Promises To Provide All Necessary Things.
3. Life Is Now: We Are To Live Each Day In The Present Tense To Please God And To Glorify Him.